

# Fertility and Endometriosis



If you have endometriosis, it can be more difficult to become pregnant. However, many people with endometriosis do get pregnant and successfully carry to term. There are many fertility treatment options available including oral or injectable fertility medicines, in vitro fertilization (IVF), or intrauterine insemination. In some cases, patients may be advised to use a gonadotropin-releasing hormone (GnRH) agonist with 'add back' therapy or have surgery before IVF to improve pregnancy rate.

Some people may find relief from their endometriosis symptoms during pregnancy because of a surge of progesterone – but this is not a universal experience.



Pregnancy should not be viewed as a treatment or cure for endometriosis. Every experience with endometriosis during pregnancy is unique.

To learn more visit  
[pregnancyinfo.ca](http://pregnancyinfo.ca)

